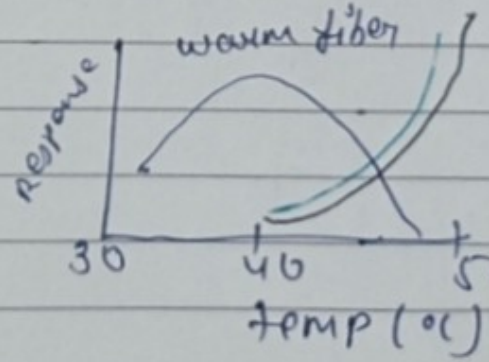
(3) Pain threshold :- is defined as the amount of time elapsed before the participant reports the stimulus to be painful, while pain tolerance is the duration of time before, the individual cannot tolerate the stimulus any longer & wishes to terminate it (ie remove his or her arm from the ice water).



(4) pain tolerance :- is the maximum level of pain that a person is able to tolerate. pain tolerance is distinct from ~~the~~ pain threshold.

→ The perception of pain that goes in to pain tolerance has 2 major components.

1st - biological component - that headache or skin prickling that activate the pain receptor.

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2nd - brain perception of pain - how much focus is spent paying attention to or ignoring the pain.

→ The brain's perception of pain is a response to signals from pain receptors that sensed the pain in the 1st place.

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